

Weekly Menu: Week 1 new

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Roasted pepper, butternut squash and houmous wrap	Tandoori Chicken Curry	Sweet & sour chicken with veg and egg noodles	Curried butternut squash soup with bread	Fish cake, chunky chips and garden peas
Macaroni Cheese in a creamy cheddar sauce	Tandoori Tofu curry with peas pilau rice	Sweet & sour mixed vegetables with egg noodles	Beef bolognese with penne pasta & garlic bread	Feta & spinach pastry, chunky chips & garden peas
Hot pasta pot with tomato sauce	Curried butternut squash soup with bread	Hot pasta pot with tomato sauce	Lentil bolognese with penne pasta & garlic bread	Hot pasta pot with tomato sauce
Hot pasta pot with tomato sauce & cheese	Hot pasta pot with tomato sauce	Hot pasta pot with tomato sauce & cheese	Hot pasta pot with tomato sauce	Hot pasta pot with tomato sauce & cheese
Hot pasta pot, plain pasta with cheese	Hot pasta pot with tomato sauce & cheese	Hot pasta pot, plain pasta with cheese	Hot pasta pot with tomato sauce & cheese	Hot pasta pot, plain pasta with cheese
Jacket potato with cheese	Hot pasta pot, plain pasta with cheese	Jacket potato with cheese	Hot pasta pot, plain pasta with cheese	Jacket potato with cheese
Jacket potato with cheese and beans	Jacket potato with cheese	Jacket potato with cheese and beans	Jacket potato with cheese	Jacket potato with cheese and beans
Jacket potato with tuna mayonnaise	Jacket potato with cheese and beans	Jacket potato with tuna mayonnaise	Jacket potato with cheese and beans	Jacket potato with tuna mayonnaise
Jacket potato with baked beans	Jacket potato with tuna mayonnaise	Jacket potato with baked beans	Jacket potato with tuna mayonnaise	Jacket potato with baked beans
Tuna Mayo Sandwich on Brown Bread	Jacket potato with baked beans	Ham Sandwich on Brown Bread	Jacket potato with baked beans	Tuna Mayo Sandwich on Brown Bread
Tuna Mayo Sandwich on White Bread	Ham Sandwich on Brown Bread	Ham Sandwich on White Bread	Ham Sandwich on Brown Bread	Tuna Mayo Sandwich on White Bread
Cheese Sandwich on Brown Bread	Ham Sandwich on White Bread	Tuna Mayo Sandwich on Brown Bread	Ham Sandwich on White Bread	Cheese Sandwich on Brown Bread
Cheese Sandwich on White	Tuna Mayo Sandwich on Brown Bread	Tuna Mayo Sandwich on White	Tuna Mayo Sandwich on	Cheese Sandwich on White

Monday	Tuesday	Wednesday	Thursday	Friday
Bread	Tuna Mayo Sandwich on White Bread	Bread	Brown Bread	Bread
Egg Mayo Sandwich on Brown Bread	Cheese Sandwich on Brown Bread	Cheese Sandwich on Brown Bread	Tuna Mayo Sandwich on White Bread	Egg Mayo Sandwich on Brown Bread
Egg Mayo Sandwich on White Bread	Cheese Sandwich on White Bread	Cheese Sandwich on White Bread	Cheese Sandwich on Brown Bread	Egg Mayo Sandwich on White Bread
Tuna mayonnaise salad	Egg Mayo Sandwich on Brown Bread	Egg Mayo Sandwich on Brown Bread	Cheese Sandwich on White Bread	Tuna mayonnaise salad
Cheese salad	Egg Mayo Sandwich on White Bread	Egg Mayo Sandwich on White Bread	Egg Mayo Sandwich on Brown Bread	Cheese salad
	Ham salad	Ham salad	Egg Mayo Sandwich on White Bread	
	Tuna mayonnaise salad	Tuna mayonnaise salad	Ham salad	
		Cheese salad	Tuna mayonnaise salad	
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Water	Water	Water	Water	Water
Orange juice	Orange juice	Orange juice	Orange juice	Orange juice
Apple juice	Apple juice	Apple juice	Apple juice	Apple juice
Lemon and lime flavoured water	Lemon and lime flavoured water	Lemon and lime flavoured water	Lemon and lime flavoured water	Lemon and lime flavoured water
Orange and mandarin flavoured water	Orange and mandarin flavoured water	Orange and mandarin flavoured water	Orange and mandarin flavoured water	Orange and mandarin flavoured water
Strawberry flavoured water	Strawberry flavoured water	Strawberry flavoured water	Strawberry flavoured water	Strawberry flavoured water
Orange and passionfruit Suso	Orange and passionfruit Suso	Orange and passionfruit Suso	Orange and passionfruit Suso	Orange and passionfruit Suso
Lemon and lime Suso	Lemon and lime Suso	Lemon and lime Suso	Lemon and lime Suso	Lemon and lime Suso
Dessert	Dessert	Dessert	Dessert	Dessert
Fresh fruit pot	Fresh fruit pot	Fresh fruit pot	Fresh fruit pot	Fresh fruit pot
Yoghurt - Assorted flavours	Yoghurt - Assorted flavours	Yoghurt - Assorted flavours	Yoghurt - Assorted flavours	Yoghurt - Assorted flavours
Chocolate brownie	Strawberry Cheesecake	Lemon Mousse	Fruit Jelly	Chocolate brownie

Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate brownie with custard	No dessert - (Select if you want main only)	No dessert - (Select if you want main only)	No dessert - (Select if you want main only)	Chocolate brownie with custard
No dessert - (Select if you want main only)				No dessert - (Select if you want main only)

Allergens

Yoghurt - Assorted flavours: Milk; **Fruit Jelly:** No allergens; **Lemon Mousse:** Milk; **Strawberry Cheesecake:** Cereals containing gluten, Milk; **Tandoori Chicken Curry:** Celery, Cereals containing gluten, Milk, Mustard; **Cheese Sandwich on White Bread:** Cereals containing gluten, Milk; **Egg Mayo Sandwich on White Bread:** Cereals containing gluten, Eggs, Milk; **Cheese Sandwich on Brown Bread:** Cereals containing gluten, Milk; **Egg Mayo Sandwich on Brown Bread:** Cereals containing gluten, Eggs, Milk; **Ham Sandwich on White Bread:** Cereals containing gluten, Milk; **Ham Sandwich on Brown Bread:** Cereals containing gluten, Milk; **Tuna Mayo Sandwich on White Bread:** Cereals containing gluten, Eggs, Fish, Milk; **Tuna Mayo Sandwich on Brown Bread:** Cereals containing gluten, Eggs, Fish, Milk; **Roasted pepper, butternut squash and houmous wrap:** Sesame seeds; **Macaroni Cheese in a creamy cheddar sauce:** Cereals containing gluten, Milk; **Tandoori Tofu curry with peas pilau rice:** Soya; **Curried butternut squash soup with bread:** Celery, Cereals containing gluten, Mustard; **Sweet & sour chicken with veg and egg noodles:** Cereals containing gluten, Eggs, Soya; **Sweet & sour mixed vegetables with egg noodles:** Cereals containing gluten, Eggs, Soya; **Beef bolognaise with penne pasta & garlic bread:** Cereals containing gluten, Milk; **Lentil bolognaise with penne pasta & garlic bread:** Cereals containing gluten, Milk; **Fish cake, chunky chips and garden peas:** Cereals containing gluten, Eggs, Fish, Milk; **Feta & spinach pastry, chunky chips & garden peas:** Cereals containing gluten, Eggs, Milk; **Hot pasta pot with tomato sauce:** Cereals containing gluten; **Hot pasta pot with tomato sauce & cheese:** Cereals containing gluten, Milk; **Hot pasta pot, plain pasta with cheese:** Cereals containing gluten, Milk; **Jacket potato with cheese:** Milk; **Jacket potato with cheese and beans:** Milk; **Jacket potato with tuna mayonnaise:** Eggs, Fish; **Fresh fruit pot:** No allergens; **Jacket potato with baked beans:** No allergens; **Chocolate brownie:** Cereals containing gluten, Eggs, Milk; **Ham salad:** No allergens; **Cheese salad:** Milk; **Tuna mayonnaise salad:** Eggs, Fish; **Chocolate brownie with custard:** Cereals containing gluten, Eggs, Milk